



CHILD WATCH FAMILY HANDBOOK



CHILD WATCH HOURS

Mondays: 8am-12:30pm; 4-7pm

Tuesdays: 8am-12:30pm; 4-7pm

Wednesdays: 8am-11:30am; 4-7:30pm

Thursdays: 8am-12:30pm; 4-7:30pm

Fridays: 8am-12:30pm

Saturday: 8:30am-12:30pm

Sundays: 8:30am-12:30pm

VISITS TO CHILD WATCH ARE LIMITED TO 90 MINUTES OR UNTIL CLOSE

What is Child Watch?

Child Watch provides parents and caregivers the opportunity to use the Y facility while their children are supervised in a safe and fun environment for up to 90 minutes or until close (whichever comes first).

If late pick-ups occur (more than 10 minutes past the 90 minute mark or arriving after close), the incident will be recorded. At 10 minutes after the expected pick-up, the Child Watch Staff will contact you via the SportsYou app, or have a staff person locate the parent. Frequent late pick-ups may result in a suspension from Child Watch for a duration of time at the discretion of the Director.

Fees

Child Watch is Free with current Wilton YMCA Family Membership.

Adult Members may be permitted to have their child(ren) use Child Watch for a fee of \$10 per child per 90 minute visit.

****Please pay at the Front Desk, then bring the receipt with you when checking into Child Watch.****



YMCA Reciprocal Visits

Child Watch is NOT included with YMCA reciprocal visits. Wilton YMCA Child Watch can only be used by Members of the Wilton YMCA who have a Family (free) or an Adult membership (paid per visit).

Policies & Procedures

General Policies

- First time participants will be asked to complete a Child Watch Emergency Contact form. Please inform Child Watch Staff of any changes after submission, including allergies or other medical needs. Emergency Contact forms can be found online, in your Family Member Folder and in the Child Watch Room.
- Parents and caregivers are required to remain within the YMCA facility (404 Danbury Road) while their child(ren) are in Child Watch.
- Child Watch welcomes children ages 8 weeks through 11 years old.
- Child Watch Staff may need to limit the number of participants in the program at any given time. Please look out for our "At Capacity" sign posted on the door and at the Front Desk as these times.
- Please inform the staff if your child may require an "Epi-Pen" or other medication (in a labeled bag) and where it is located during their visit.

Checking Your Child In/Out:

- For the safety of your children and all Child Watch participants, please make sure you scan in and out with a Child Watch staff upon arrival and departure from Child Watch.
- If someone other than the person who dropped the child off will be picking up, please notify staff at drop-off.

****Please be advised that they will need to show identification in order for the staff to release children to their care.****

Dropping Off/Picking Up

- Please be sure to collect all items brought in to Child Watch each time, labeling items is recommended.
- If your child is upset or crying and our staff are unable to calm them within 15 minutes, a staff person may come to get you or notify you for a pick-up.
- We kindly ask that you try to stay within the gated area near the door and cubbies as there are often many little ones around. This also helps with any separation challenges.

Child Separation

- If your child is having a tough time with you leaving, we ask that you leave and wait in the hall or in the lobby, allowing our caregivers time to soothe and get the child acclimated. If they are still not adjusted after 10-15 minutes, one of our caregivers will come and get you.
- Due to safety of the children in our care during this time, parents/guardians, cannot stay in the childcare area.

Diaper/Toilet Policy

- Child Watch Staff are NOT permitted to change diapers or physically assist your child in any toileting needs.

If your child is not fully potty trained, they MUST wear a pull-up or a diaper.

- Changing Tables are available in the three Universal Locker Rooms located at the end of the 25YD Locker Rooms, as well as in both the Men & Women's 25YD Locker Rooms. The changing table for the Men's Locker Room can be found at the end opposite from the Child Watch room, while the Women's changing table can be found on the side closest to the Child Watch Room



Please be advised that our staff will ask you to return to the Child Watch room for any necessary diaper changes or toileting needs.

Closings & Delays

Child Watch will open based on the Y Building schedule and staff availability. Please check the website and app for updates and notifications.



Snack Policy

- Water and most snacks are permitted as long as they are **PEANUT/TREE NUT FREE**. If providing your child with grapes (or similar shaped food), please slice or cut up.
- Lollipops and gum are not permitted.

****Please label all food/food cups and water bottles.****

Personal Belongings

- You may bring personal items from home to help your child feel more comfortable.

*The Y and Child Watch Staff are NOT responsible for any outside items you or your child bring into Child Watch.

- Please label ALL your belongings.

****Items left behind will remain in our Child Watch Lost & Found for up to 2 weeks, then will be donated.**

Need Labels?



Search: Wilton Family YMCA Preschool

Illness Policy

To ensure the health of all Child Watch participants and staff, parents and caregivers are asked not to bring their children to Child Watch if they are exhibiting signs or symptoms of illness.

Our staff will use their judgment to keep everyone healthy, including the right to refuse admittance or asking for a child to be picked up early.

As a general rule, if your child is not attending school due to illness, they should not be brought to Child Watch.

If your Child is exhibiting any of the following symptoms (but not limited to), DO NOT bring them to Child Watch or your child will not be permitted to stay:






- Runny Nose that produces thick, green or yellow discharge (may not return until clear).
- Deep congestion in the chest, labored breathing or cough.
- Loose bowels or diarrhea.
- Temperature above 99.9 degrees oral or temporal.
- Eyes that are pink, watery and/or oozy (e.g. conjunctivitis)
- Rash
- Vomiting
- Head Lice (child may not return to Child Watch until clearance is provided from your Pediatrician or School Nurse. Please provide copy of signed note or email to staff).



CHILD WATCH ILLNESS POLICY



A CHILD SHOULD STAY HOME IF...

				
FEVER	VOMITING/ DIARRHEA	RASH	EYE INFECTION	COUGHING/ RUNNY NOSE
Fever of 99.9 or higher	Within the past 24 hours	Body rash/ itching, may include Poison ivy	Redness, itching, and/or "crusty", drainage from the eye	Persistence cough and/or runny nose, mucus yellow or green
MAY ATTEND CHILD WATCH WHEN				
Fever free for 24 hours without fever reducing medication	Free from vomiting and/or diarrhea for 24 hours	Free from itching/ scratching rash for 24 hours. and or evaluated by a dr.	Evaluated by a doctor and cleared to return to a childcare setting	Mucus has returned to a clear color, coughing is less

Children may be asked not to stay if our Child Care Staff believe your child to be exhibiting any of these symptoms. This is to keep all children in our care healthy. Thank you for your understanding and cooperation!

SportsYou

To help communicate with our Child Watch families, we will be utilizing the app: SportsYou.

You can find our Hours of Operation, Family Handbook, Emergency Contact forms and updates to change of hours due to Holidays or Weather posted here.

Staff may chat with you while you are working out/ at a class if they need to reach you during that time.

Please see the next page for directions to download the app and join our Child Watch Parent Group.



Questions?

Contact: Kimberly Fejes, Early Childhood & School Age Development
Director

kfejes@riverbrookymca.org

203-762-8484 ext. 293



You've been invited to join

Child Watch Parents

Use your **unique access code** below and follow the instructions.

Access Code

L82X-VLMX

Join via Website

New Users

1. From your computer, phone, or tablet, visit

sportsyou.com

2. Click **Get Started** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish setting up your account

Existing Users

1. From your computer, phone, or tablet, go to **sportsyou.com** and log in
2. In left column, click **Join Team/Group**.
3. Click **Enter Access Code** to enter code, then **Join Team** or **Join Group**

Join via App

New Users

1. On mobile device download **sportsYou app**

from the **App Store** (iOS) or **Google Play Store** (Android)

2. Open the sportsYou app and tap **Create Account**
3. Tap **Enter Access Code** to enter code, then finish set up

Existing Users

1. On mobile device log in
2. In bottom tray, tap **Teams/Groups**
3. Tap **blue +** button, then tap **Join Team/Group**
4. Enter access code and click **Join**



visit us at www.sportsyou.com
or in the app stores

